Art in the Jean Royce Lounge
September 1 to November 26.
Artist Meghan Marshall’s Barn Life
(noon hour talk Nov 26)

November 27 to January 1.
The Ban Righ Centre will display the work of Kay Wolstenholme, Kingston Artist and Queen’s University Fine Art student who passed away in 2008.

Talks are from noon-1:00 at 32 Bader Lane unless otherwise specified.

Everyone welcome.
Homemade Soup available by donation.
Space is limited.

Tuesday, September 18  Why Have Children? The Ethical Debate
Christine Overall.
Professor of Philosophy and University Research Chair at Queen’s University.

Choosing whether or not to have children is not just a pragmatic or prudential decision. In this talk we will explore the nature of this potentially life-changing choice and its often- unrecognized ethical dimensions.

Associate Director, QSB Centre for Responsible Leadership

Our world today needs responsible business leaders who will lead with integrity and who are ready and willing to tackle our most pressing social problems. Come and learn how Queen’s School of Business Centre for Responsible Leadership is helping to meet this demand, and how you can get involved.

The Ban Righ Centre celebrates National Women’s History Month with three talks in October that relate to women’s history.

National Women’s History Month Talk
Wednesday October 3  Life History 101 - How to Create a Timeless Keepsake, Kris Abbott.
Owner/Operator, Making Waves Audio Histories

You have someone in your family whose life history and interesting stories you want to capture and preserve as a timeless keepsake. Or perhaps in your organization you know a person whose influence and link to important organizational history needs to be collected and honoured. Learn key interview and technical tips for recording a personal or professional life history, which will also help you to retain information and become a better listener in your personal life!

National Women’s History Month Talk
Thursday October 11  Feminism and Islam: Common Grounds
Sheema Khan.
Monthly columnist for the Globe and Mail

At first glance, it seems that feminism and Islam are at opposite ends of the spectrum. However, there is much common ground. Furthermore, Muslim women and feminists (while not always mutually exclusive groups) can learn a great deal from each other’s struggles, and seek the betterment of society through common purpose. Mutual respect - for differences and that which we share - will be the key towards future cooperation.

Friday, October 12  Leap! Living with Passion, Persistence, and Poetry. Heather Grace Stewart.
Author

Heather will discuss how she took chances or ‘leaps’ in her journalism career so that she could learn to live her passion, which is writing poetry books. She’ll be happy to answer questions about self-publishing as well as the independent publishing industry and the fast-changing ebook industry. She will be reading from “Carry On Dancing” her latest poetry collection (Winter Goose Publishing March 2012).

National Women’s History Month Talks Proclamation and Introduction by Mayor Gerretsen
Thursday October 18  What Stories shall we tell our Grandkids?
(Person’s Day)

Stories tell us who we are and what we mean. Women have historically been telling stories through pottery, tapestries, lullabies, folk tales etc. Our survival as a human species depends on telling stories of both tradition and innovation. But where should the emphasis lie? Women hear traditional stories particularly where the role of women, or poverty, or sexuality are concerned. So what are the innovative stories that need to be told in these and other important areas of our lives? Who will tell them? And where?

Tuesday, October 30  Artist’s Books: Our Environment and Our Health, Lise Melhorn-Boe.
Artist

For many years we humans have been discovering, inventing and introducing new materials, technologies and products into our environment. Many of them are amazing, useful and life-enhancing, but many of them are also toxic or hazardous to our health. Lise Melhorn-Boe will show slides of her current body of artist’s books, all relating to issues around how our collective health is affected by our environment.
Approaches to Fetal Alcohol Spectrum Disorder (FASD) in the Canadian Primary Care Environment.
Danielle N. Naumann, MSc(OT), OT Reg (Ont). PhD. Candidate (2015) Rehabilitation Science

Fetal Alcohol Spectrum Disorder (FASD) is the leading cause of developmental and cognitive disability in Canadian school-aged children, yet there is little public awareness of widespread nature of the disorders. Primary Care Physicians (Family Physicians) are in the ideal position to address FASD, but they face barriers to emerging research on the prevalence of the disorder. This presentation will provide an overview of the state of FASD in Canada, and describe current approaches to FASD in Primary Care.

Shout Sister!
Georgette Fry, Singer and Maestra

Responding to a challenge from one of her private voice students ten years ago, local blues singer Georgette Fry designed a community choir for women who (like herself) can't read music or might not pass the audition required by many choral groups. Shaped by her belief that singing is therapeutic, that everyone can do it, and that it should be fun, and similarly informed by her commitment to women-in-community, Georgette's unorthodox approach aims to provide a comfortable environment for women within which to explore their various vocal abilities.

Chemical Engineer and Artist

Meghan will discuss her love of painting from an early age and her current narrowing of subject matter to barnyard life (the body of work showing in the Jean Royce Lounge). As a resident of Wolfe Island, she has opportunities to get up close and personal with her subjects capturing the character of even her own backyard chickens!

"Change Your Mind"
Mood-Management Strategies to Beat the Blues, Dr. Jenn Rae.
Author and Family Physician

Depression, along with its “little cousin” dysthymia, are afflictions that touch us all - either suffering directly ourselves, or witnessing the suffering of a loved one. In this frank and upbeat talk, physician Dr. Rae will explore the reasons why dark moods descend on our lives - seemingly “out-of-the blue” - to show how these episodes are, in fact, often predictable - and preventable. Drawing on personal experience, as well as her clinical work with hundreds of depressed patients, Dr. Rae offers practical strategies for what we can all do to help prevent both depression and dysthymia - the chronic discontent that prevents so many of us from fully living our lives.